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HARMONIC MEASURES ON NEGATIVELY CURVED MANIFOLDS

by Yves BENOIST & Dominique HULIN

En l'honneur de Marcel Berger qui nous a initiés aux variétés pincées.

ABSTRACT. — We prove that the harmonic measures on the spheres of a pinched Hadamard manifold admit uniform upper and lower bounds.

RÉSUMÉ. — Nous prouvons que les mesures harmoniques sur les sphères des variétés Hadamard pincées admettent des bornes supérieures et infériueures uniformes.

1. Introduction

Let X be a Hadamard manifold. This means that X is a complete simply connected Riemannian manifold of dimension $k \ge 2$ with non positive sectional curvature $K_X \le 0$.

For a point x in X and a radius R > 0, we let $\sigma_{x,R}$ be the harmonic measure on the sphere S(x,R). We refer to Section 3.1 for a precise definition of $\sigma_{x,R}$. The aim of these notes is to provide, under a pinching assumption, uniform upper and lower bounds for the harmonic measures $\sigma_{x,R}$.

THEOREM 1.1. — Let 0 < a < b and $k \ge 2$. There exist positive constants M, N depending solely on a, b, k such that for any k-dimensional Hadamard manifold X with pinched curvature $-b^2 \le K_X \le -a^2$, any point x in X, any radius R > 0 and any angle $\theta \in [0, \pi/2]$, one has

(1.1)
$$\frac{1}{M} \theta^N \leqslant \sigma_{x,R}(C_x^{\theta}) \leqslant M \theta^{\frac{1}{N}}$$

where C_x^{θ} stands for any cone with vertex x and angle θ .

Keywords: Harmonic function, Harmonic measure, Green function, Hadamard manifold, Negative curvature.

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These inequalities (1.1) play a crucial role in the extension of the main result of [4] from rank one symmetric spaces to Hadamard manifolds.

Indeed, using (1.1), we prove in [3] that any quasi-isometric map between pinched Hadamard manifolds is within a bounded distance from a unique harmonic map. The key point in (1.1) for this application is the fact that the constants M and N do not depend on x nor R.

The proof of Theorem 1.1 relies on various technical tools of potential theory on pinched Hadamard manifolds: the Harnack inequality, the barrier functions constructed by Anderson and Schoen in [2], and upper and lower bounds for Green functions due to Ancona in [1]. Related estimates are available, like the one by Kifer–Ledrappier in [6, Theorem 3.1 and 4.1] where (1.1) is proven for the sphere at infinity, or by Ledrappier–Lim in [7, Proposition 3.9] where the Hölder regularity of the Martin kernel is proven. Our approach also gives a non probabilistic proof of the Kifer–Ledrappier estimates.

Here is the organization of this paper. In Section 2, we collect basic facts on Hadamard manifolds and their harmonic functions. In Section 3, we prove uniform estimates for the normal derivatives of Green functions. In Section 4 and 5 we successively prove the upper bound and the lower bound in (1.1). We postpone until Section 6 the proof of a few purely geometric estimates on Hadamard manifolds that are needed in the argument.

2. Pinched Hadamard manifolds

In this chapter, we collect preliminary results on Hadamard manifolds and their harmonic functions.

Let X be a Hadamard manifold with dimension k. For instance, the Euclidean space \mathbb{R}^k is a Hadamard manifold with zero curvature $K_X = 0$, and the real hyperbolic space \mathbb{H}^k is a Hadamard manifold with constant curvature $K_X = -1$. We will say that X is pinched if there exist constants a, b > 0 such that

$$-b^2 \leqslant K_X \leqslant -a^2 < 0.$$

For instance, any non-compact rank one symmetric space is a pinched Hadamard manifold.

2.1. Laplacian and subharmonic functions

We introduce a few subharmonic functions on X, or on open subsets of X, which will play the role of barriers in the following chapters.

When o is a point in X, we denote by ρ_o the distance function defined by $\rho_o(x) = d(o, x)$ for x in X. When $F: X \to \mathbb{R}$ is a continuous function, we denote by ΔF its Laplacian seen as a distribution. In local coordinates (x_1, \ldots, x_k) of X, we denote the coefficients of the metric tensor by g_{ij} , the volume density reads as $v := \sqrt{\det(g_{ij})}$, and, when F is a smooth function, its Laplacian is

$$\Delta F = v^{-1} \partial_{x_i} (v g^{ij} \partial_{x_i} F).$$

A real valued function F on X is harmonic if $\Delta F = 0$, subharmonic if $\Delta F \ge 0$ and superharmonic if $\Delta F \le 0$.

LEMMA 2.1. — Let X be a Hadamard manifold with dimension k, and $o \in X$. The Laplacian of the distance function ρ_o satisfies

$$\Delta \rho_o \geqslant (k-1)\rho_o^{-1}$$
.

If $K_X \leqslant -a^2 < 0$, one has

(2.1)
$$\Delta \rho_o \geqslant (k-1) a \coth(a \rho_o).$$

If $-b^2 \leqslant K_X \leqslant 0$, one has

(2.2)
$$\Delta \rho_o \leqslant (k-1) b \coth(b \rho_o).$$

These classical inequalities mean that the difference is a positive measure. See [2, Section 2] and [4, Lemma 3.2].

The following corollary provides useful barriers on X.

COROLLARY 2.2. — Let X be a Hadamard manifold and $o \in X$.

- (1) If $K_X \leqslant -a^2 < 0$ and $0 < m_0 \leqslant (k-1)a$, the function $e^{-m_0\rho_o}$ is superharmonic on X.
- (2) If $-b^2 \leqslant K_X \leqslant 0$ and $M_0 \geqslant (k-1) b \coth(b/4)$, the function $e^{-M_0 \rho_o}$ is subharmonic on $X \setminus B(o, \frac{1}{4})$.

Proof. — For any smooth function $f:[0,\infty[\to\mathbb{R}]$, one has

$$\Delta(f \circ \rho_o) = f'' \circ \rho_o + (f' \circ \rho_o) \Delta \rho_o.$$

Therefore, one has for any $\tau > 0$:

$$\Delta(e^{-\tau\rho_o}) = \tau e^{-\tau\rho_o} \left(\tau - \Delta\rho_o\right).$$

(1). — Using (2.1), one gets:

$$\Delta(e^{-m_0\rho_o}) \leqslant (m_0 - (k-1) a \coth(a \rho_o)) m_0 e^{-m_0\rho_o} \leqslant 0.$$

(2). — Using (2.2), one gets outside the ball $B(o, \frac{1}{4})$:

$$\Delta(e^{-M_0\rho_o}) \geqslant (M_0 - (k-1) b \coth(b \rho_o)) M_0 e^{-M_0\rho_o} \geqslant 0.$$

2.2. Anderson-Schoen barrier

Another very useful barrier is the following function u introduced by Anderson and Schoen in [2].

We denote by ∂X the visual boundary of the Hadamard manifold X. For each point w in X, this boundary is naturally identified with the set of geodesic rays $w\xi$ starting at w. For $0 < \theta \leqslant \frac{\pi}{2}$ we denote by $C_{w\xi}^{\theta}$ the closed cone with axis $w\xi$ and angle θ : it is the union of all the geodesic rays $w\eta$ with vertex w and whose angle with the ray $w\xi$ is at most θ . Two geodesic rays with vertex w are said to be opposite if their union is a geodesic i.e. if their angle is equal to π .

LEMMA 2.3. — Let X be a Hadamard manifold with $-b^2 \leqslant K_X \leqslant$ $-a^2 < 0$. There exist constants $0 < \varepsilon_0 \le 1$ and $C_0 > 1$ such that for every two opposite geodesic rays $w\xi^+$ and $w\xi^-$ with the same vertex $w \in X$, there exists a positive superharmonic function u on X such that:

(2.3)
$$u(x) \geqslant 1$$
 for all x in the cone $C_{w\xi^+}^{\pi/2}$

(2.3)
$$u(x) \geqslant 1$$
 for all x in the cone $C_{w\xi}^{\pi/2}$
(2.4) $u(x) \leqslant C_0 e^{-\varepsilon_0 d(w,x)}$ for all x on the ray $w\xi^-$.

This function $u = u_{w\xi^+}$ will be called the Anderson-Schoen barrier for the ray $w\xi^+$. The constants C_0 and ε_0 depend only on a,b and on the dimension of X.

Proof. — See [2, Proof of Theorem 3.1]. We briefly sketch the construction of the function u. As shown in Figure 2.1, let o be the point at distance 1 from w on the geodesic ray $w\xi^-$.

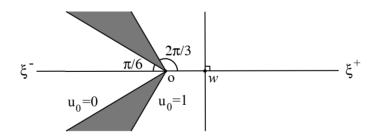


Figure 2.1. Construction of the Anderson–Schoen barrier.

Choose a non negative continuous function u_0 on $X \setminus o$ which is constant on each ray with vertex o, and which is equal to 1 on the cone $C_{o\xi^{+}}^{2\pi/3}$ and is equal to 0 on the cone $C_{\alpha\xi^{-}}^{\pi/6}$ as in Figure 2.1. Then, consider a function u_1 obtained by smoothly averaging u_0 on balls of radius 1. This function u_1 is defined as

$$u_1(x) = \frac{\int_X \chi(d(x,y)) u_0(y) \,\mathrm{d}y}{\int_X \chi(d(x,y)) \,\mathrm{d}y} \,,$$

where dy is the Riemannian measure on X and $\chi \in C^{\infty}(\mathbb{R})$ is a positive even function whose support is [-1,1]. Since χ is even this function u_1 is of class C^2 . Moreover, this function u_1 has the expected behavior (2.3) and (2.4) and its second covariant derivative decays exponentially at infinity. Therefore, using the same computation as in Corollary 2.2, one can find explicit constants $\varepsilon_0 > 0$ and $C'_0 > 0$ depending only on a, b and dim X such that the function $u := u_1 + C'_0 e^{-\varepsilon_0 \rho_w}$ is superharmonic. This is the required function u.

2.3. Harnack-Yau inequality

We state without proof a version of Harnack inequality due to Yau in [9].

LEMMA 2.4. — Let X be a Hadamard manifold with $-b^2 \leq K_X \leq 0$. Then, there exists a constant $C_1 = C_1(k,b)$ such that for every open set $\Omega \subset X$ and every positive harmonic function $u : \Omega \to]0, \infty[$, one has

(2.5)
$$||D_x \log u|| \leqslant C_1$$
 for all x in X with $d(x, \partial \Omega) \geqslant 1$.

This lemma is true for any complete Riemannian manifold whose Ricci curvature is bounded below. A short proof has been written by Peter Li and Jiaping Wang in [8, Lemma 2.1].

3. Green functions

In this chapter, we collect various estimates for the Green functions on Hadamard manifolds. We also explain why these Green functions are useful to estimate harmonic measures.

3.1. Harmonic measures

We first recall the definition of harmonic measures.

Since X is a Hadamard manifold, each exponential map $\exp_x : T_x X \to X$ is a \mathcal{C}^{∞} -diffeomorphism $(x \in X)$. In particular, any sphere S(x, R) with

R > 0 is a C^{∞} -submanifold of X. Solving the Dirichlet problem on the ball B(x,R) gives rise to a family of Borel probability measures $\sigma_{x,R}^y$ on S(x,R) indexed by $y \in B(x,R)$. These measures are called harmonic measures. Indeed, for every continuous function f on the sphere S(x,R), there exists a unique continuous function h_f on the closed ball B(x,R) such that

(3.1)
$$\Delta h_f = 0$$
 in $\mathring{B}(x, R)$ and $h_f = f$ on $S(x, R)$.

The map $f \mapsto h_f(y)$ is then a probability measure $\sigma_{x,R}^y$ on S(x,R). This probability measure is defined by the equality

(3.2)
$$h_f(y) = \int_{S(x,R)} f(\eta) \, d\sigma_{x,R}^y(\eta),$$

valid for any $f \in C^0(S(x,R))$.

The harmonic measures that occur in Theorem 1.1 correspond to y = x, namely one has $\sigma_{x,R} := \sigma_{x,R}^x$. Our aim is to prove the bound (1.1) for these measures $\sigma_{x,R}$.

Remark 3.1. — When X is the hyperbolic space \mathbb{H}^k , or more generally when X is a rank one symmetric space, the harmonic measure $\sigma_{x,R}$ is a multiple of the Riemannian measure $A_{x,R}$ on the sphere S(x,R). But, for a general Hadamard manifold X, these two measures need not be proportional.

Remark 3.2. — When solving the Dirichlet problem on the visual compactification $\overline{X} = X \cup \partial X$, one gets a family of probability measures $(\sigma_{\infty}^y)_{y \in X}$ on ∂X which are also called harmonic measures. See [2, Theorem 3.1].

3.2. Estimating the Green functions

Before begining the proof of Theorem 1.1, we recall the definition and a few estimates for the Green functions.

For any closed ball B(x,R) in X and any point y in the interior $\mathring{B}(x,R)$, one denotes by $G_{x,R}^y$ the corresponding Green function. It is the unique function on the ball B(x,R) which is continuous outside y and such that

(3.3)
$$\Delta G_{x,R}^y = -\delta_y$$
 in $\mathring{B}(x,R)$ and $G_{x,R}^y = 0$ on $S(x,R)$.

When X is a pinched Hadamard manifold, one denotes by G_{∞}^{y} the Green function on X corresponding to the point $y \in X$. It is the unique function on X which is continuous outside y and such that

$$\Delta G_{\infty}^{y} = -\delta_{y}$$
 and $\lim_{z \to \infty} G_{\infty}^{y}(z) = 0.$

These Green functions $G_{x,R}^y$ and G_{∞}^y are non negative.

We now state various classical estimates for Green functions on Hadamard manifolds.

The first lemma provides a uniform estimate for a fixed radius R_0 .

LEMMA 3.3. — Let X be a Hadamard manifold with $-b^2 \leq K_X \leq 0$. For each $R_0 \geq 1$, there exist constants $C_2 > c_2 > 0$ such that, for any x in X:

(3.4)
$$c_2 \leqslant G_{x,R_0}^x(z) \leqslant C_2$$
 for all $z \in S(x, \frac{1}{2})$.

Proof. — This is a special case of
$$[5, Theorem 11.4]$$
.

The second lemma, due to Ancona in [1], provides estimates for the Green functions which are uniform in the radius R under pinching conditions.

LEMMA 3.4. — Let X be a Hadamard manifold with $-b^2 \leqslant K_X \leqslant -a^2 < 0$.

(a) There exist constants $C_2' > c_2' > 0$ such that for any R > 1, x in X and y in $\mathring{B}(x,R)$ with $d(x,y) \leq R-1$, one has:

$$(3.5) c_2' \leqslant G_{x,R}^y(z) \leqslant C_2' \text{for all} z \in S(y, \frac{1}{2}).$$

Similarly, one has for any $y \in X$:

$$c_2'\leqslant G_\infty^y(z)\leqslant C_2'\qquad\text{for all}\quad z\in S(y,\tfrac12).$$

(b) One can also choose constants c_2'' , C_2'' such that, for any y in X:

$$c_2'' e^{-M_0 d(y,z)} \leqslant G_\infty^y(z) \leqslant C_2'' e^{-m_0 d(y,z)}$$
 for all $z \in X \setminus B(y, \frac{1}{2})$,
where $m_0 := (k-1)a$ and $M_0 := (k-1)b \coth(b/4)$.

Here and in the sequel of this chapter, the constants c_i and C_i only depend on b and $k = \dim X$, while c'_i and C'_i only depend on a, b and k (i = 2, 3, 4).

Proof of Lemma 3.4.

- (a). For the lower bound: by the maximum principle, one has $G_{y,1}^y \leq G_{x,R}^y$; then, use (3.4). For the upper bound: the maximum principle yields $G_{x,R}^y \leq G_{\infty}^y$ and the bounds for G_{∞}^y are in [1, Proposition 7].
 - (b). According to point a) and Corollary 2.2, both functions

$$z\mapsto G^y_\infty(z)-c_2'e^{-M_0d(y,z)}\quad\text{and}\quad z\mapsto C_2'e^{m_0}e^{-m_0d(y,z)}-G^y_\infty(z)$$

are positive on the sphere $S(y, \frac{1}{2})$, go to zero at infinity, and are superharmonic on $X \setminus B(y, \frac{1}{2})$. Therefore, by the maximum principle, they are positive on $X \setminus B(y, \frac{1}{2})$. See [1, Remark 2.1, p. 505] for more details. \square

3.3. Bounding above the gradient of the Green functions

We explain why we are interested in bounding the gradient of the Green functions, and prove such an upper bound.

Combining Equalities (3.1) and (3.3) with the Green formula, one gets the equality

(3.6)
$$h_f(y) = \int_{S(x,R)} f(\eta) \frac{\partial G_{x,R}^y}{\partial n} (\eta) dA_{x,R}(\eta),$$

where $\frac{\partial G}{\partial n}$:= grad $G.\vec{n}$ denotes the derivative of G in the direction of the <u>inward</u> normal vector \vec{n} to the sphere S(x,R), and where $A_{x,R}$ denotes the Riemannian measure on this sphere. Comparing with Formula (3.2), we get the following expression for the harmonic measure:

(3.7)
$$\sigma_{x,R}^{y} = \frac{\partial G_{x,R}^{y}}{\partial n} A_{x,R}.$$

The following two lemmas will provide a uniform upper bound for this normal derivative when y and η are not too close.

The first lemma gives uniform estimates for a fixed radius R_0 .

LEMMA 3.5. — Let X be a Hadamard manifold with $-b^2 \leq K_X \leq 0$. For each $R_0 > 0$, there exists $C_3 > 0$ such that, for any $x \in X$ and $\eta \in S(x, R_0)$:

(3.8)
$$\frac{\partial G_{x,R_0}^x}{\partial n}(\eta) \leqslant C_3.$$

The second lemma gives estimates which are uniform in the radius R under a pinching condition.

LEMMA 3.6. — Let X be a Hadamard manifold with $-b^2 \leqslant K_X \leqslant -a^2 < 0$. There exists $C_3' > 0$ such that for $R \geqslant 1$, $x \in X$, $y \in \mathring{B}(x,R)$, $\eta \in S(x,R)$:

(3.9)
$$\frac{\partial G_{x,R}^y}{\partial n}(\eta) \leqslant C_3' \quad \text{as soon as} \quad d(y,\eta) \geqslant 1.$$

Proof of Lemmas 3.5 and 3.6. — The proofs of these two lemmas are the same, except that they rely either on Lemma 3.3 or on Lemma 3.4. We will only prove Lemma 3.6.

The strategy is to construct an explicit superharmonic function F on the ball B(x,R) such that $F(\eta)=0$, such that $F\geqslant G^y_{x,R}$ in a neighborhood of η , and whose normal derivative at η is uniformly bounded.

As shown in Figure 3.1.A, we introduce the point y_0 on the ray $x\eta$ such that $d(x, y_0) = R + \frac{1}{3}$. By construction one has $d(\eta, y_0) = \frac{1}{3}$.

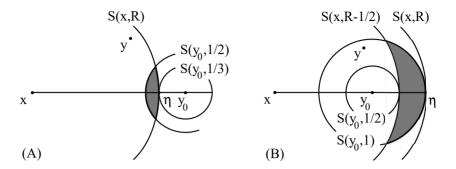


Figure 3.1. Proofs of uniform majoration and minoration for $\frac{\partial G_{x,R}^y}{\partial n}(\eta)$.

We let
$$M_0 = (k-1) b \coth(b/4)$$
, and we define

$$F(z) = C_4(e^{-M_0/3} - e^{-M_0 d(y_0, z)})$$

for some constant C_4 that we will soon determine. We first notice that, according to Corollary 2.2,

(3.10) F is a positive superharmonic function on the ball B(x,R).

Moreover, since the point $y \in B(x,R)$ satisfies $d(y,\eta) \ge 1$, since the angle between the geodesic segments $[\eta y]$ and $[\eta y_0]$ is obtuse, and since $K_X \le 0$, one must have $d(y,y_0) \ge 1$. We now give a uniform bound for the Green function $G_{x,R}^y$ on the sphere $S(y_0,\frac{1}{2})$. By the maximum principle, one has

$$(3.11) G_{x,R}^y(z) \leqslant G_{x,R+1}^y(z) \text{for all } z \text{ in } B(x,R).$$

Moreover, using the bound (3.5) in Lemma 3.4, one gets

(3.12)
$$G_{x,R+1}^{y}(z) \leqslant C_2'$$
 for all z in $S(y, \frac{1}{2})$.

Combining (3.11) and (3.12) with the maximum principle, one infers that

$$G^y_{x,R}(z)\leqslant C_2'\qquad\text{for all }z\text{ in }B(x,R)\smallsetminus B(y,\tfrac{1}{2}).$$

In particular, one has

(3.13)
$$G_{x,R}^y \leqslant F \text{ on } S(y_0, \frac{1}{2}) \cap B(x, R)$$

for the choice of the constant

$$C_4 := \frac{C_2'}{e^{-M_0/3} - e^{-M_0/2}}.$$

Combining (3.10), (3.13) and the maximum principle it follows that, on the grey zone of Figure 3.1.A:

$$G_{x,R}^y \leqslant F$$
 on $B(y_0, \frac{1}{2}) \cap B(x, R)$.

Therefore, one has the following inequality between the normal derivatives of these functions at the point η :

$$\frac{\partial G_{x,R}^y}{\partial n}(\eta) \leqslant \frac{\partial F}{\partial n}(\eta) = \frac{C_2' M_0}{1 - e^{-M_0/6}}.$$

This proves the bound (3.9).

3.4. Bounding below the gradient of the Green functions

We will also need a lower bound for the gradient of the Green functions. The following two lemmas provide a uniform lower bound for the normal derivative when y is not too far from η and not too close to the sphere.

The first lemma gives uniform estimates for a fixed radius R_0 .

LEMMA 3.7. — Let X be a Hadamard manifold with $-b^2 \leq K_X \leq 0$. For each $R_0 \geq 1$, there exists $c_3 > 0$ such that for $x \in X$, $\eta \in S(x, R_0)$, one has

(3.14)
$$\frac{\partial G_{x,R_0}^x}{\partial n}(\eta) \geqslant c_3.$$

The second lemma gives estimates which are uniform in the radius R under a pinching condition.

LEMMA 3.8. — Let X be a Hadamard manifold with $-b^2 \leqslant K_X \leqslant -a^2 < 0$. There exists $c_3' > 0$ such that for $R \geqslant 1$, $x \in X$, $y \in B(x, R-1)$, $\eta \in S(x, R)$:

(3.15)
$$\frac{\partial G_{x,R}^y}{\partial n}(\eta) \geqslant c_3' \quad \text{as soon as} \quad d(y,\eta) \leqslant 4.$$

Proof of Lemmas 3.7 and 3.8. — The proofs of these two lemmas are the same, except that they rely either on Lemma 3.3 or on Lemma 3.4. We will only prove Lemma 3.8.

The strategy is as in Section 3.3. We construct a subharmonic function f on the ball B(x,R) such that $f(\eta)=0$, such that $f\leqslant G^y_{x,R}$ in a small ball tangent at η to the sphere S(x,R), and whose normal derivative at η is uniformly bounded below.

As shown in Figure 3.1.B, we introduce the point y_0 on the ray $x\eta$ such that $d(x, y_0) = R - 1$. By construction one has $d(\eta, y_0) = 1$. We let again $M_0 = (k-1)b \coth(b/4)$ and define

$$f(z) = c_4(e^{-M_0 d(y_0, z)} - e^{-M_0}),$$

for a constant c_4 that we will soon determine. We first notice that, according to Lemma 2.2,

(3.16)
$$f$$
 is subharmonic outside $B(y_0, \frac{1}{2})$ and $f \equiv 0$ on $S(y_0, 1)$.

We now give a uniform lower bound for the Green function $G_{x,R}^y(w)$ for all points w in $S(x, R - \frac{1}{2}) \cap B(y_0, 1)$. Since $d(x, y) \leq R - 1$, we observe that it follows from Lemma 3.4 that, for all z in $S(y, \frac{1}{2})$:

$$G_{x,R}^y(z) \geqslant c_2'$$
.

For $w \in S(x, R - \frac{1}{2}) \cap B(y_0, 1)$, pick $z \in S(y, \frac{1}{2})$ on the segment [yw]. Since the segment [zw] is included in the ball $B(x, R - \frac{1}{2})$ and has length at most 6, it follows from Harnack inequality (2.5), applied to X with the distance 2d, that:

$$G_{x,R}^y(w) \geqslant c_2' e^{-12C_1}$$

This means that

(3.17)
$$G_{x,R}^{y} \geqslant f$$
 on $S(x, R - \frac{1}{2}) \cap B(y_0, 1)$

for the choice of the constant

$$c_4 := \frac{c_2' e^{-12 C_1}}{e^{-M_0/2} - e^{-M_0}}.$$

Combining (3.16), (3.17) and the maximum principle, one gets the bound on the grey zone of Figure 3.1.B

$$G_{x,R}^y \geqslant f$$
 on $B(y_0,1) \setminus B(x,R-\frac{1}{2})$.

Therefore, one has the following inequality between the normal derivatives at the point η :

$$\frac{\partial G_{x,R}^y}{\partial n}(\eta) \geqslant \frac{\partial f}{\partial n}(\eta) = \frac{c_2' \, M_0 \, e^{-12 \, C_1}}{e^{M_0/2} - 1} \, .$$

This proves the bound (3.9).

4. Upper bound for the harmonic measures

The aim of this chapter is to prove the upper bound in (1.1).

We recall that X is a k-dimensional Hadamard manifold satisfying the pinching condition $-b^2 \leqslant K_X \leqslant -a^2 < 0$. Let x be a point in X. We will denote by ξ a point on the sphere S(x,R), by $x\xi$ the ray with vertex x that contains ξ , and by $C_{x\xi}^{\theta}$ the cone with axis $x\xi$ and angle θ . We want to bound

(4.1)
$$\sigma_{x,R}^{x}(C_{x\xi}^{\theta}) \leqslant M\theta^{1/N}$$

where the constants M and N depend only on a, b and k. It is not restrictive to assume that b = 1. We will distinguish three cases, letting

$$\theta_R := 10^{-3} e^{-(R-2)}$$
:

• Bounded radius: $R \leq 2$.

• Large angle: $R \ge 2$ and $\theta \ge \theta_R$.

• Small angle: $R \geqslant 2$ and $\theta \leqslant \theta_R$.

Without loss of generality, we may assume that $\theta \leq 10^{-3}$.

4.1. Upper bound for a bounded radius

We prove (4.1) when $R \leq 2$.

More precisely, when $R \leq 2$, we will prove the upper bound (4.1) under the weaker pinching condition $-1 \leq K_X \leq 0$. This allows us to multiply the metric by a ratio 2/R, while preserving this pinching condition. Hence we can assume that the radius is $R_0 = 2$. Using the expression (3.7) for the density of the harmonic measure, the bound (3.8) for this density and the bound (6.7) for the volume $A_{x,R_0}(C_{x\xi}^{\theta})$, we get

$$\sigma_{x,R_0}^x(C_{x\xi}^{\theta}) = \int_{C_{x\xi}^{\theta}} \frac{\partial G_{x,R_0}^x}{\partial n}(\eta) \, \mathrm{d}A_{x,R_0}(\eta) \leqslant C_3 \, \mathrm{A}_{x,R_0}(C_{x\xi}^{\theta}) \leqslant C_3 \, V_k \, \theta^{k-1}.$$

This proves (4.1) when $R \leq 2$.

4.2. Upper bound for a large angle

We prove (4.1) when $R \geqslant 2$ and $\theta \geqslant \theta_R$.

As shown in Figure 4.1.A, we introduce the point w on the ray $x\xi$ such that d(x, w) = r, where r is given by

$$\theta = 10^{-3} e^{-r}.$$

Since $\theta_R \leq \theta \leq 10^{-3}$, one has $0 \leq r \leq R-2$. In particular, the point w is at distance at least 2 from every point η of the sphere S(x,R). According to Lemma 6.1, and since $4e^r\theta \leq \frac{\pi}{2}$, one has

$$C^{\theta}_{x\xi} \cap S(x,R) \subset C^{\pi/2}_{w\xi} \cap S(x,R)$$
.

We now introduce the Anderson–Schoen barrier $u = u_{w\xi}$ for the ray $w\xi$, as constructed in Lemma 2.3. Since u is superharmonic, with $u \ge 0$ everywhere

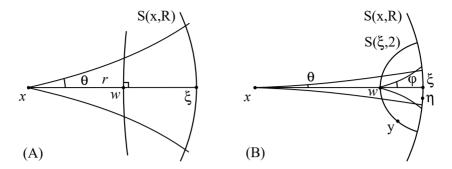


Figure 4.1. Majoration of $\sigma_{x,R}^x(C_{x\xi}^{\theta})$ for a large angle θ , and for a small angle θ .

and $u \ge 1$ on the cone $C_{w\xi}^{\pi/2}$, one infers from the maximum principle that one has for all y in $\mathring{B}(x,R)$:

$$\sigma_{x,R}^y(C_{x\xi}^\theta) \leqslant \sigma_{x,R}^y(C_{w\xi}^{\pi/2}) \leqslant u(y).$$

Applying this equality with y = x, remembering the exponential decay (2.4) of the Anderson–Schoen barrier on the ray wx and using (4.2), one gets:

$$\sigma_{x,R}^x(C_{x\xi}^{\theta}) \leqslant u(x) \leqslant C_0 e^{-\varepsilon_0 r} \leqslant 10^{3\varepsilon_0} C_0 \theta^{\varepsilon_0}.$$

This proves (4.1) when $R \geqslant 2$ and $\theta \geqslant \theta_R$.

4.3. Upper bound for a small angle

We prove (4.1) when $R \ge 2$ and $\theta \le \theta_R$. The argument will combine both the arguments used in Sections 4.1 and 4.2.

As shown in Figure 4.1.B, we introduce the point w on the ray $x\xi$ such that d(x, w) = R - 2, and the angle φ given by

$$\varphi := 4 e^{R-2} \theta.$$

Since $\theta < \theta_R$, one has $\varphi \leq 1/100$. According to Lemma 6.1, one has

$$C_{x\xi}^{\theta} \cap S(x,R) \subset C_{w\xi}^{\varphi} \cap S(x,R)$$
.

First step. — We estimate the measure of the cone $C_{w\xi}^{\varphi}$ for the harmonic measure $\sigma_{x,R}^{y}$ at a point y within a bounded distance from ξ .

LEMMA 4.1. — Let X be a Hadamard manifold with $-1 \leqslant K_X \leqslant -a^2 < 0$. Keep the above notation $x \in X$, $\xi \in S(x,R)$, $w \in [x\xi]$ with $d(w,\xi) = 2$ and $\varphi \leqslant 1/100$ as in Figure 4.1.B. Then, there exists a constant $C_5 > 0$

depending only on a and $k = \dim X$ such that for all y in $\mathring{B}(x,R) \cap S(\xi,2)$ one has

(4.4)
$$\sigma_{x,R}^{y}(C_{w\varepsilon}^{\varphi}) \leqslant C_5 \varphi^{k-1}.$$

Proof of Lemma 4.1. — One uses again the expression (3.7) for the density of the harmonic measure. Since $\varphi \leq 1/100$, it follows from Lemma 6.3.a that, for all η in $C_{w\xi}^{\varphi} \cap S(x,R)$, one has $d(\xi,\eta) \leq 1$ hence $d(y,\eta) \geq 1$. Therefore the bound (3.9) is valid at the point η . Hence one estimates

$$\sigma_{x,R}^{y}(C_{w\xi}^{\varphi} = \int_{C_{w\xi}^{\varphi}} \frac{\partial G_{x,R}^{y}}{\partial n}(\eta) \, \mathrm{d}A_{x,R}(\eta) \leqslant C_{3}' \, \mathrm{A}_{x,R}(C_{w\xi}^{\varphi}) \leqslant C_{3}' \, V_{k}' \, \varphi^{k-1} \,,$$

thanks to the bound (6.9) for the volume $A_{x,R}(C_{w\xi}^{\varphi})$.

Second step. — We will need again the Anderson–Schoen barrier $u = u_{w\xi}$ associated to the geodesic ray $w\xi$ (see Lemma 2.3). Since u is superharmonic, with $u \ge 0$ everywhere and $u \ge 1$ on the sphere $S(\xi, 2) \subset C_{w\xi}^{\pi/2}$, it follows from (4.4) and the maximum principle that one has, for every point y in $\mathring{B}(x,R) \setminus \mathring{B}(\xi,2)$:

$$\sigma_{x,R}^y(C_{x\xi}^\theta) \leqslant \sigma_{x,R}^y(C_{w\xi}^\varphi) \leqslant C_5 \,\varphi^{k-1} \, u(y) \leqslant C_5 \,\varphi^{\varepsilon_0} \, u(y),$$

where we have used the constant $\varepsilon_0 \leq 1$ from Lemma 2.3. Applying this equality with y = x, remembering again the exponential decay (2.4) of the Anderson–Schoen barrier on the ray wx and using (4.3), one finally gets:

$$\sigma_{x}^{x} {}_{R}(C_{x\varepsilon}^{\theta}) \leqslant C_{5} \varphi^{\varepsilon_{0}} u(x) \leqslant C_{0} C_{5} \varphi^{\varepsilon_{0}} e^{-\varepsilon_{0}(R-2)} \leqslant C_{0} C_{5} 4^{\varepsilon_{0}} \theta^{\varepsilon_{0}}.$$

This proves (4.1) when $R \geqslant 2$ and $\theta \leqslant \theta_R$.

5. Lower bound for the harmonic measures

The aim of this chapter is to prove the lower bound in (1.1).

The structure of this chapter is very similar to the structure of Section 4. We recall that X is a k-dimensional Hadamard manifold satisfying the pinching condition $-b^2 \leqslant K_X \leqslant -a^2 < 0$, x is a point on X, ξ is a point on the sphere S(x,R) and $C^{\theta}_{x\xi}$ is the cone with axis $x\xi$ and angle θ . We want to prove that

(5.1)
$$\sigma_{x,R}^{x}(C_{x\xi}^{\theta}) \geqslant \frac{1}{M} \theta^{N},$$

where the constants M and N depend only on a, b and k. It is not restrictive to assume that b = 1. Fix a length $l_0 \ge 2$ such that

$$(5.2) \frac{1}{2} \geqslant C_0 e^{-\varepsilon_0(l_0 - 1)}.$$

We will distinguish three cases, letting

$$\theta_R' = 2\pi e^{-a(R-l_0)} :$$

• Bounded radius: $R \leq l_0$.

• Large angle: $R \geqslant l_0$ and $\theta \geqslant \theta'_R$.

• Small angle: $R \geqslant l_0$ and $\theta \leqslant \theta'_R$.

5.1. Lower bound for a bounded radius

We prove (5.1) when $R \leq l_0$.

As in Section 4.1, when $R \leq l_0$, we will prove the lower bound (5.1) under the weaker pinching condition $-1 \leq K_X \leq 0$. This allows us to multiply the distance by a ratio l_0/R , while preserving this pinching condition. Hence we can assume that the radius is $R_0 = l_0$. Using the expression (3.7) for the density of the harmonic measure, the bound (3.14) for this density, and the bound (6.7) for the volume $A_{x,R_0}(C_{x\varepsilon}^{\theta})$, one estimates

$$\sigma_{x,R_0}^x(C_{x\xi}^{\theta}) = \int_{C_{x\xi}^{\theta}} \frac{\partial G_{x,R_0}^x}{\partial n}(\eta) \, \mathrm{d}A_{x,R_0}(\eta) \geqslant c_3 \, \mathrm{A}_{x,R_0}(C_{x\xi}^{\theta}) \geqslant c_3 \, v_k \, \theta^{k-1}.$$

This proves (5.1) when $R \leq l_0$.

5.2. Lower bound for a large angle

We prove (5.1) when $R \geqslant l_0$ and $\theta \geqslant \theta'_R$.

As shown in Figure 5.1.A, we introduce the point w on the ray $x\xi$ such that d(x,w)=r, where r is given by

$$\theta = 2\pi e^{-ar}.$$

Since $\theta'_R \leqslant \theta \leqslant \pi/2$, one has $0 \leqslant r \leqslant R - l_0$.

In particular the point w is at distance at least l_0 from every point η on the sphere S(x,R). Since $\frac{1}{4}e^{ar}\theta \geqslant \pi/2$, it follows from Lemma 6.1 that

$$C_{x\xi}^{\theta} \cap S(x,R) \supset C_{w\xi}^{\pi/2} \cap S(x,R)$$
.

First step. — We first estimate the measure of the cone $C_{x\xi}^{\theta}$ for the harmonic measure $\sigma_{x,R}^{v}$ at a point v suitably chosen on the ray $x\xi$.

Here we need the Anderson–Schoen barrier $u = u_{wx}$ for the ray wx i.e. the ray opposite to $w\xi$. Since u is superharmonic, with $u \ge 0$ everywhere

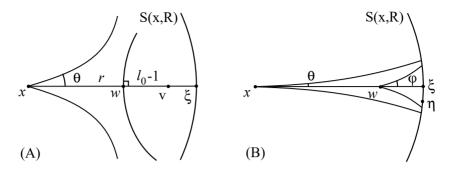


Figure 5.1. Minoration of $\sigma_{x,R}^x(C_{x\xi}^{\theta})$ for a large angle θ , and for a small angle θ .

and $u \ge 1$ on the cone $C_{wx}^{\pi/2}$, it follows from the maximum principle that, for all y in $\mathring{B}(x,R)$:

$$\sigma_{x,R}^{y}(C_{x\xi}^{\theta}) \geqslant \sigma_{x,R}^{y}(C_{w\xi}^{\pi/2}) = 1 - \sigma_{x,R}^{y}(C_{wx}^{\pi/2}) \geqslant 1 - u(y).$$

Applying this estimate to the point y = v on the ray $w\xi$ with $d(w, v) = l_0 - 1$ and remembering the exponential decay (2.4) of the Anderson–Schoen barrier on the ray $w\xi$, one gets using (5.2) that:

(5.4)
$$\sigma_{x,R}^{v}(C_{x\xi}^{\theta}) \geqslant 1 - u(v) \geqslant 1 - C_0 e^{-\varepsilon_0(l_0 - 1)} \geqslant \frac{1}{2}.$$

Second step. — We now apply the Harnack inequality (2.5) to the positive harmonic function $y \mapsto \sigma^y_{x,R}(C^\theta_{x\xi})$ on the ball $\mathring{B}(x,R)$. Since the segment [xv] stays at a distance at least 1 from the sphere S(x,R) and has length bounded by $r + l_0$, it follows from (5.3) and (5.4) that:

$$\sigma_{x,R}^{x}(C_{x\xi}^{\theta}) \geqslant \sigma_{x,R}^{v}(C_{x\xi}^{\theta})e^{-C_{1}l_{0}-C_{1}r} \geqslant \frac{1}{2}e^{-C_{1}l_{0}}\left(\frac{\theta}{2\pi}\right)^{C_{1}/a}.$$

This proves (5.1) when $R \ge l_0$ and $\theta \ge \theta'_R$.

5.3. Lower bound for a small angle

We prove (5.1) when $R \ge l_0$ and $\theta \le \theta'_R$. The argument will be similar to those in Section 4.3.

As shown in Figure 5.1.B, we introduce the point w on the ray $x\xi$ such that d(x, w) = R - 2. Let φ be the angle given by

(5.5)
$$\varphi := 10^{-3} e^{a(R-l_0)} \theta.$$

Since $\theta \leqslant \theta'_R$, one has $\varphi \leqslant \frac{1}{100}$. Moreover, the definition of φ ensures that $\frac{1}{4}e^{a(R-2)}\theta \geqslant \varphi$, so that Lemma 6.1 ensures that:

$$C_{x\xi}^{\theta} \cap S(x,R) \supset C_{w\xi}^{\varphi} \cap S(x,R)$$
.

First step. — We estimate the measure of the cone $C_{w\xi}^{\varphi}$ for the harmonic measure $\sigma_{x,R}^{w}$ seen from the point w.

LEMMA 5.1. — Let X be a Hadamard manifold with $-1 \le K_X \le -a^2 < 0$. Keep the above notation $x \in X$, $\xi \in S(x,R)$, $w \in [x\xi]$ with $d(w,\xi) = 2$ and $\varphi \le 1/100$ as in Figure 5.1.B. Then, there exists a constant $c_5 > 0$ depending only on a and $k = \dim X$ such that

(5.6)
$$\sigma_{x,R}^w(C_{w\xi}^{\varphi}) \geqslant c_5 \, \varphi^{k-1} \, .$$

Proof of Lemma 5.1. — Once again, we use the expression (3.7) for the density of the harmonic measure. Since $\varphi \leqslant 1/100$, it follows from Lemma 6.3.a that one has $d(\xi,\eta) \leqslant 1$ for any η in $C_{w\xi}^{\varphi} \cap S(x,R)$,. Therefore one has $2 \leqslant d(w,\eta) \leqslant 3$ and the bound (3.15) with y=w is valid for this density. Thus

$$\sigma_{x,R}^w(C_{w\xi}^{\varphi}) = \int_{C_{w\xi}^{\varphi}} \frac{\partial G_{x,R}^w}{\partial n}(\eta) \, \mathrm{d}A_{x,R}(\eta) \geqslant c_3' \, \mathrm{A}_{x,R}(C_{w\xi}^{\varphi}) \geqslant c_3' \, v_k' \, \varphi^{k-1} \,,$$

thanks to the bound (6.9) for the volume $A_{x,R}(C_{w\xi}^{\varphi})$.

Second step. — We apply again the Harnack inequality (2.5) to the positive harmonic function $y \mapsto \sigma^y_{x,R}(C^{\varphi}_{w\xi})$ on the ball $\mathring{B}(x,R)$. Since the segment [xw] stays at distance at least 1 from the sphere S(x,R) and has length smaller than R, this gives, using (5.6):

$$\sigma_{x,R}^x(C_{x\xi}^\theta) \geqslant \sigma_{x,R}^x(C_{w\xi}^\varphi) \geqslant \sigma_{x,R}^w(C_{w\xi}^\varphi)e^{-C_1R} \geqslant c_5 \varphi^{k-1}e^{-C_1R}.$$

Increasing C_1 , one may assume $C_1/a \ge k$. Hence one gets, using also (5.5):

$$\sigma_{x,R}^x(C_{x\xi}^{\theta}) \geqslant c_5' \varphi^{C_1/a} \left(\frac{\theta}{\varphi}\right)^{C_1/a} = c_5' \theta^{C_1/a},$$

with $c_5' := 10^{-3C_1/a}e^{-C_1l_0}c_5$. This proves (5.1) when $R \geqslant l_0$ and $\theta \leqslant \theta_R'$.

6. Geometry of Hadamard manifold

This last chapter is self-contained. We collect here two basic geometric estimates in Hadamard manifolds that were used in the previous chapters.

6.1. Geometry of triangles

We first compare the angles in a triangle.

We will denote by $\mathbb{H}^2(-a^2)$ the real hyperbolic plane with curvature $-a^2$.

LEMMA 6.1. — Let X be a Hadamard manifold with $-b^2 \leqslant K_X \leqslant -a^2 < 0$. Let r, R, L be the side lengths of a geodesic triangle in X and let θ , φ be the two angles as in Figure 6.1. Assume that $0 \leqslant \varphi \leqslant \pi/2$ and $bL \geqslant 2$. Then one has the following angle estimates

(6.1)
$$\frac{1}{4}e^{ar} \leqslant \frac{\varphi}{\theta} \leqslant 4e^{br}.$$

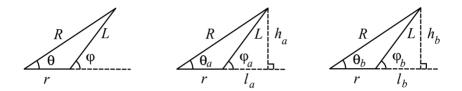


Figure 6.1. A triangle in X and its comparison triangles in $\mathbb{H}^2(-a^2)$ and $\mathbb{H}^2(-b^2)$.

Proof. — The proof relies on comparison triangles in the hyperbolic planes $\mathbb{H}^2(-a^2)$ and $\mathbb{H}^2(-b^2)$ i.e. the triangles with same side lengths r, R and L.

We denote by θ_a and φ_a the angles and by h_a , l_a the lengths seen in $\mathbb{H}^2(-a^2)$ as in Figure 1. We use similar notations in $\mathbb{H}^2(-b^2)$. The pinching assumption tells us that

(6.2)
$$\theta_b \leqslant \theta \leqslant \theta_a \quad \text{and} \quad \varphi_a \leqslant \varphi \leqslant \varphi_b.$$

We will use the following identities for the right triangle in $\mathbb{H}^2(-a^2)$ with side lengths L, l_a and h_a :

(6.3)
$$\sinh(aL)\sin\varphi_a = \sinh(ah_a)$$
 and $\cosh(aL) = \cosh(al_a)\cosh(ah_a)$.

Taking the ratio of these two equalities and repeating this computation for the right triangle with side lengths R, $r + l_a$ and h_a , one gets

(6.4)
$$\frac{\sin \varphi_a}{\sin \theta_a} = \frac{\tanh(aR)}{\tanh(aL)} \frac{\cosh(ar + al_a)}{\cosh(al_a)}.$$

We will also use the easy inequalities, valid for any $t \ge 0$ and $0 \le \alpha \le \frac{\pi}{2}$:

$$(6.5) \qquad \qquad \frac{1}{2}e^t \leqslant \cosh(t) \leqslant e^t \quad \text{ and } \quad \frac{2}{\pi}\alpha \leqslant \sin\alpha \leqslant \alpha.$$

We first prove the lower bound in (6.1). We notice that (6.2) ensures that the angle φ_a is acute, so that the angle θ_a is also acute. Using (6.2), (6.4), (6.5) and the bound $L \leq R$, we obtain

$$\frac{\varphi}{\theta} \geqslant \frac{\varphi_a}{\theta_a} \geqslant \frac{2}{\pi} \frac{\sin \varphi_a}{\sin \theta_a} = \frac{2}{\pi} \frac{\tanh(aR)}{\tanh(aL)} \frac{\cosh(ar + al_a)}{\cosh(al_a)} \geqslant \frac{e^{ar}}{\pi} \geqslant \frac{1}{4} e^{ar}.$$

We now prove the upper bound in (6.1) when the angle φ_b is acute. The computation is similar, using also the assumption $bL \geqslant 2$:

$$\frac{\varphi}{\theta} \leqslant \frac{\varphi_b}{\theta_b} \leqslant \frac{\pi}{2} \frac{\sin \varphi_b}{\sin \theta_b} = \frac{\pi}{2} \frac{\tanh(bR)}{\tanh(bL)} \frac{\cosh(br + bl_b)}{\cosh(bl_b)} \leqslant \frac{\pi e^{br}}{\tanh(2)} \leqslant 4 e^{br}.$$

Finally, we prove the upper bound in (6.1) when the angle φ_b is obtuse. We notice that since the angle φ is acute, one has $r \leqslant R$ and therefore

$$(6.6) 2h_b \geqslant R + L - r \geqslant L,$$

so that the hypothesis ensures that $bh_b \ge 1$. Similar computations using equalities analogous to (6.3) now yield

$$\frac{\varphi}{\theta} \leqslant \frac{\pi}{2\theta_b} \leqslant \frac{\pi}{2} \frac{1}{\sin \theta_b} = \frac{\pi}{2} \frac{\tanh(bR)}{\tanh(bh_b)} \cosh(br - bl_b) \leqslant \frac{\pi e^{br}}{2 \tanh(1)} \leqslant 4 e^{br}.$$

Note that the constants in (6.1) are not optimal.

6.2. Volume estimates

We now estimate the Riemannian measures on spheres.

As before, for x in X and R > 0, we denote by $A_{x,R}$ the Riemannian measure of the sphere S(x,R).

The first lemma provides volume estimates for a fixed radius $R_0 \geqslant 1$.

LEMMA 6.2. — Let X be a Hadamard manifold with $-1 \leqslant K_X \leqslant 0$ and fix $R_0 \geqslant 1$. There exist constants $V_k > v_k > 0$ depending only on $k = \dim X$ and R_0 and such that, for every x in X, ξ in S(x,R) and $\varphi \leqslant \frac{\pi}{2}$, one has:

(6.7)
$$v_k \varphi^{k-1} \leqslant \mathcal{A}_{x,R_0}(C_{x\xi}^{\varphi}) \leqslant V_k \varphi^{k-1}.$$

Proof. — Let $x \in X$. Because of the pinching assumption, the exponential map $\exp_x : T_x X \to X$ is a diffeomorphism and its restriction to the ball $B(0,R_0) \subset T_x X$ induces a diffeomorphism $\Phi_x : B(0,R_0) \to B(x,R_0)$ whose derivatives are uniformly bounded

(6.8)
$$||D\Phi_x|| \leqslant e^{R_0} \text{ and } ||D\Phi_x^{-1}|| \leqslant 1.$$

The bounds (6.7) follow.

The second lemma provides volume estimates which are uniform in R.

LEMMA 6.3. — Let X be a Hadamard manifold with $-1 \le K_X \le 0$. Let $R \ge 2$, $x \in X$, $\xi \in S(x,R)$, $w \in [x\xi]$ with $d(w,\xi) = 2$ and $\varphi \le \varphi_0 := 1/100$ as in Figure 6.2.

- (a) One has the inclusion $C_{w\xi}^{\varphi} \cap S(x,R) \subset B(\xi,1)$.
- (b) There exist constants $V_k' > v_k' > 0$ depending only on $k = \dim X$ such that

$$(6.9) v_k' \varphi^{k-1} \leqslant \mathcal{A}_{x,R}(C_{w\xi}^{\varphi}) \leqslant V_k' \varphi^{k-1}.$$

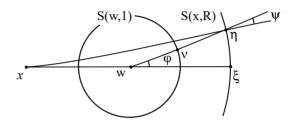


Figure 6.2. Estimation of the volume $A_{x,R}(C_{w\varepsilon}^{\varphi})$.

Proof.

(a). — Let η be a point on S(x,R) such that the angle φ between $w\xi$ and $w\eta$ is bounded by 1/100. The triangle (w, ξ, η) also satisfies the following properties:

 $d(w,\xi)=2,\ d(w,\eta)\geqslant 2,$ and the angle between ξw and $\xi \eta$ is acute.

Since $-1 \leqslant K_X \leqslant 0$, the comparison triangle (w', ξ', η') in \mathbb{H}^2 satisfies the same properties. A direct computation in \mathbb{H}^2 gives then $d(\eta', \xi') \leqslant 1$. Therefore one also has $d(\eta, \xi) \leqslant 1$.

(b). — As shown in Figure 6.2, since X is a Hadamard manifold, the intersection $S(x,R) \cap C_{w\xi}^{\varphi_0}$ is a hypersurface that can be parametrized in polar coordinates with origin w: there exists a \mathcal{C}^{∞} diffeomorphism

$$\Psi_w : S(w,1) \cap C_{w\xi}^{\varphi_0} \longrightarrow S(x,R) \cap C_{w\xi}^{\varphi_0}$$
$$\nu \longmapsto \eta = \Psi_w(\nu) = \exp_w(\rho_\nu \exp_w^{-1} \nu),$$

where ρ is a C^{∞} function on $S(w,1) \cap C_{w\xi}^{\varphi_0}$ with values in the interval [2,3]. Since X is a Hadamard manifold, at every point of this hypersurface $S(x,R) \cap C_{w\xi}^{\varphi_0}$ the angle ψ between the normal vector to S(x,R) and the

radial vector seen from w is at most φ_0 . Therefore, using Jacobi fields, one checks that the derivatives of Ψ_w and its inverse are uniformly bounded

$$||D\Psi_w|| \le \frac{e^2}{\cos(\varphi_0)} \le 10$$
 and $||D\Psi_w^{-1}|| \le 1$.

Therefore, one has

$$\mathbf{A}_{w,1}(C_{w\xi}^{\varphi}) \leqslant \mathbf{A}_{x,R}(C_{w\xi}^{\varphi}) \leqslant 10^{k-1} \mathbf{A}_{w,1}(C_{w\xi}^{\varphi})$$

The bounds (6.9) now follow from (6.7).

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