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## **Geometric Fourier analysis**

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## GEOMETRIC FOURIER ANALYSIS

by Antonio CORDOBA

In this paper we present several results related to maximal and square functions whose proofs have a similar flavour: after some algebraic manipulation and the use of the uncertainty principle they are reduced to certain properties of the geometry of “rectangles” in  $\mathbf{R}^n$ .

A. In  $\mathbf{R}^2$  let us consider the angles

$$\omega_j = \frac{2\pi j}{N}, \quad j = 0, 1, \dots, N - 1, \quad N \in \mathbf{Z}^+$$

and let us denote by  $H_j$  the Hilbert transform in the direction  $\omega_j$  and by  $S_j$  the projection, at the Fourier transform side, over the angles

$$\Delta_j = \{ \xi, 2\pi j/N \leq \arg(\xi) \leq 2\pi(j + 1)/N \}$$

$$\text{i.e. } \widehat{S_j f}(\xi) = \chi_{\Delta_j}(\xi) \hat{f}(\xi).$$

THEOREM 1. — *There exist constants independent of  $N$ ,  $0 < a, c < \infty$ , so that*

$$\text{i) } \left\| \left[ \sum_{j=1}^N |H_j f_j|^2 \right]^{1/2} \right\|_4 \leq C(\log N)^a \left\| \left( \sum |f_j|^2 \right)^{1/2} \right\|_4$$

$$\text{ii) } \left\| \left( \sum_{j=1}^N |S_j f|^2 \right)^{1/2} \right\|_4 \leq C[\log N]^a \|f\|_4.$$

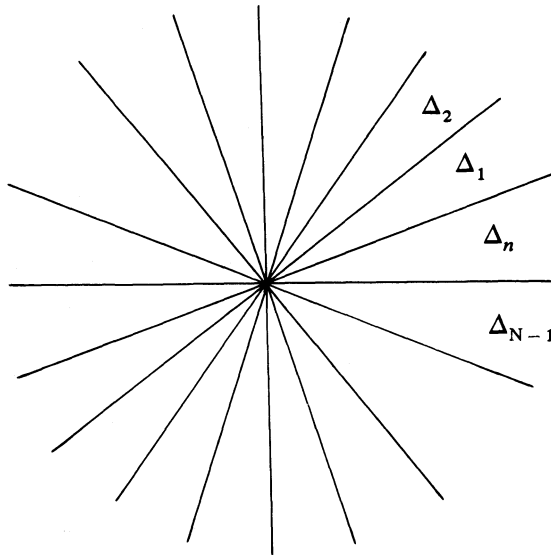
B. Let  $\gamma : [0, 1] \rightarrow S^{n-1}$  be a smooth curve crossing a finite number of times each hyperplane of  $\mathbf{R}^n$ . Given a real number  $N \gg 1$  let us consider the family  $\mathcal{B}_N$  of cylinders of  $\mathbf{R}^n$  having eccentricity = height/radius =  $N$  and direction in the curve  $\gamma$ . With a locally integrable function  $f$  we may consider its maximal function  $Mf$  given by the formula

$$Mf(x) = \sup_{x \in R \in \mathcal{B}_N} \frac{1}{\mu\{R\}} \int_R |f(y)| d\mu(y)$$

where  $\mu$  denotes Lebesgue's measure in  $\mathbf{R}^n$ .

THEOREM 2. — *There exists a constant  $C_\gamma$ , independent of  $N$ , such that  $\|Mf\|_2 \leq C_\gamma [\log N]^2 \|f\|_2$ .*

A. The square function.



$$Sf(x) = \left( \sum |S_j f(x)|^2 \right)^{1/2},$$

$$\widehat{S_j f}(\xi) = \chi_{\Delta_j}(\xi) \hat{f}(\xi),$$

$$\Delta_j = \{ \xi : 2\pi j/N \leq \arg(\xi) \leq 2\pi(j+1)/N \}.$$

Part (i) of theorem 2 was proved in ref. [4] and, therefore, we shall concentrate in part (ii). Although we have not made a careful analysis of the nature of the best constant  $a$ , it has to be strictly positive, as an adequate Kakeya's set argument can show. On the other hand, interpolating with the  $L^2$ -result, one may obtain  $\|Sf\|_p \leq C[\log N]^{a(p)} \|f\|_p$ ,  $2 \leq p \leq 4$ , which it is the best range of  $p$ 's where such an inequality can hold. We shall proceed proving a previous lemma.

In  $\mathbb{R}^n$  let us consider a cubic lattice  $\mathcal{Q} = \{Q_\nu\}_{\nu \in \mathbb{Z}^n}$  i.e. the  $Q_\nu$ 's are congruent cubes with disjoint interiors and such that  $\mathbb{R}^n = \cup Q_\nu$ . Define, for each  $\nu$ , the operators  $\widehat{P}_\nu f = \chi_{Q_\nu} \cdot \hat{f}$  and the square function  $Gf(x) = (\sum |P_\nu f(x)|^2)^{1/2}$ .

LEMMA. — For each  $s > 1$  there exists a finite constant  $C_s$  so that for every  $f$ ,  $\omega \in C_0(\mathbb{R}^n)$  we have:

$$\int_{\mathbb{R}^n} |Gf(x)|^2 \omega(x) dx \leq C_s \int_{\mathbb{R}^n} |f(x)|^2 A_s \omega(x) dx,$$

where  $A_s \omega = [(\omega^s)^*(x)]^{1/s}$  and  $*$ -denotes the Hardy-Littlewood maximal function.

*Proof.* — Without lack of generality we may assume that  $\mathcal{Q}$  is the unit lattice i.e.  $Q_\nu$  is centered at the point  $\nu \in \mathbb{Z}^n$  and has volume equal to one. Let  $\psi$  be a smooth function with compact support and equal to 1 in  $Q_0$ . For each  $y \in Q_0$  let us consider the Fourier multiplier  $m_y(z) = \sum_{\nu} e^{2\pi i \nu \cdot y} \psi(z - \nu)$ ,  $z \in \mathbb{R}^n$ . Then the kernel  $\mu_y = \hat{m}_y$  is a measure of finite total variation uniformly in  $y \in Q_0$ . More concretely:  $\mu_y = \sum_{\nu} \hat{\psi}(y + \nu) \delta_{y+\nu}$  where, as usual,  $\delta_x$  denotes Dirac's function translated to the point  $x$ . Therefore,  $|\mu_y * f(x)|^2 \leq C \sum_{\nu} (1 + |\nu|)^{2n} |\hat{\psi}(y + \nu)|^2 |f(x - y - \nu)|^2$  and, since  $\hat{\psi}$  is rapidly decreasing, we have:

$$\int_{\mathbb{R}^n} |\mu_y * f(x)|^2 \omega(x) dx \leq C_N \sum_{\nu} (1 + |\nu|)^{2n-N} \int_{\mathbb{R}^n} |f(x)|^2 \omega(x + y + \nu) dx$$

(we may assume that  $\omega \geq 0$ ).

Thus,

$$\begin{aligned} & \int_{Q_0} \int_{\mathbb{R}^n} |\mu_y * f(x)|^2 \omega(x) dx \\ & \leq C_N \sum_{\nu} (1 + |\nu|)^{2n-N} \int_{\mathbb{R}^n} |f(x)|^2 \left| \int_{Q_0} \omega(x + y + \nu) dy \right| dx \\ & \leq C \int_{\mathbb{R}^n} |f(x)|^2 \omega^*(x) dx, \text{ taking } N \geq 4n + 1. \end{aligned}$$

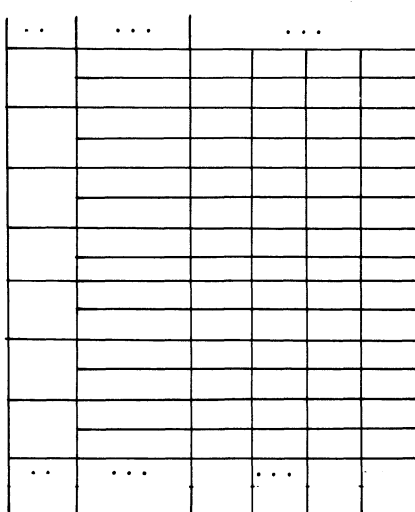
On the other hand, if  $\widehat{T_{\nu} f}(\xi) = \psi(\xi - \nu) \widehat{f}(\xi)$ , we have:

$$\mu_y * f(x) = \sum_{\nu} e^{2\pi i \nu \cdot y} T_{\nu} f(x)$$

and therefore,

$$\int_{Q_0} \int_{\mathbb{R}^n} |\mu_y * f(x)|^2 \omega(x) dx dy = \sum_{\nu} \int_{\mathbb{R}^n} |T_{\nu} f(x)|^2 \omega(x) dx.$$

To finish we observe that  $P_{\nu} f = P_{\nu} T_{\nu} f$  and we may apply the weighted inequality of reference [5].



Let us consider for each  $k \in \mathbb{Z}$  a decomposition of the strip  $2^k \leq x_n \leq 2^{k+1}$  into congruent disjoint parallelepipeds  $\{Q_{\nu}^k\}$  whose sides are paralld to the coordinate axis. Define:

$$Sf(x) = \left( \sum_{k, \nu} |P_{\nu}^k f(x)|^2 \right)^{1/2}$$

where  $\widehat{P_{\nu}^k f}(\xi) = \chi_{Q_{\nu}^k}(\xi) \widehat{f}(\xi)$ . Combining the Littlewood-Paley theorem with the previous result we obtain:

COROLLARY 1. — For each  $p, 2 \leq p < \infty$ , there exists a finite constant  $C_p$  so that  $\|Sf\|_p \leq C_p \|f\|_p$ , for every  $f \in C_0(\mathbb{R}^n)$ .

*Proof of theorem 1.* — We may assume, without lack of generality, that  $0 \leq j \leq \frac{N}{8}$  so that  $0 \leq \frac{2\pi j}{N} \leq \frac{\pi}{4}$ .

We define

$$\Delta_j = \left\{ \xi = \xi_1 + i\xi_2, 1 \leq \xi_1 \leq 2, \frac{2\pi j}{N} \leq \arg(\xi) \leq \frac{2\pi(j+1)}{N} \right\}$$

$$j = 0, 1, \dots, \frac{N}{8}$$

$$\widehat{P_j f} = \chi_{\Delta_j} \cdot \hat{f}$$

and we want to compute:

$$\sum_{j,k} \int_{\mathbb{R}^2} |P_j f(x) P_k f(x)|^2 dx = \sum_{|j-k| < N^{1/2}} \int_{\mathbb{R}^2} |P_j f(x) P_k f(x)|^2 dx$$

$$+ \sum_{|j-k| \geq N^{1/2}} \int_{\mathbb{R}^2} |P_j f(x) P_k f(x)|^2 dx = I + II.$$

We decompose further each sector  $\Delta_j$  into  $N^{1/2}$  subsectors  $\Delta_j^1, \dots, \Delta_j^{N^{1/2}}$ , where

$$\Delta_j^\alpha = \{ \xi = \xi_1 + i\xi_2 \in \Delta_j \mid \alpha N^{-1/2} \leq \xi_1 - 1 \leq (\alpha + 1) N^{-1/2} \}.$$

It happens that if  $|j - k| \geq N^{1/2}$  the overlapping of the sets  $\Delta_j^\alpha + \Delta_k^\beta$ ,  $\alpha, \beta = 1, \dots, N^{1/2}$ , is finite (uniformly on  $N$ ).

Therefore,

$$II \leq \sum_{|j-k| \geq N^{1/2}} \sum_{\alpha, \beta} \int_{\mathbb{R}^2} |P_j^\alpha f(x) P_k^\beta f(x)|^2 dx \leq \left\| \left( \sum_{j, \alpha} |P_j^\alpha f|^2 \right)^{1/2} \right\|_4^4$$

where the operators  $P_j^\alpha$  have the obvious definition  $\widehat{P_j^\alpha f} = \chi_{\Delta_j^\alpha} \cdot \hat{f}$ . We claim that

$$\left\| \left( \sum_{j, \alpha} |P_j^\alpha f|^2 \right)^{1/2} \right\|_4 \leq C [\log N]^{1/4} \|f\|_4$$

for some universal constant  $C$ .

To see this we take  $\omega \geq 0$  in  $L^2(\mathbb{R}^n)$  and we consider:

$$\begin{aligned} \sum_{j,\alpha} \int_{\mathbb{R}^2} |P_j^\alpha f(x)|^2 \omega(x) dx &= \sum_{l=1}^{\frac{1}{8}N^{1/2}} \sum_{\alpha=1}^{N^{1/2}} \sum_{j=lN^{1/2}}^{(l+1)N^{1/2}} \int_{\mathbb{R}^2} |P_j^\alpha f(x)|^2 \omega(x) dx \\ &\leq C_s \sum_{l=1}^{\frac{1}{8}N^{1/2}} \sum_{\alpha=1}^{N^{1/2}} \int_{\mathbb{R}^2} |Q_l^\alpha f(x)|^2 M_s \omega(x) dx \end{aligned}$$

where  $Q_l^\alpha f$  is given, at the Fourier transform side, as multiplication by the characteristic function of a rectangle, with sides parallel to the coordinates axis, and dimensions  $N^{-1/2} \times 2N^{-1/2}$ ,  $M_s \omega = (M\omega^s)^{1/s}$ ,  $1 < s < \infty$ , and  $M$  denotes the maximal function associated to the base of rectangles with directions in the set  $2\pi j/N$ ,  $j = 0, 1, \dots, N/8$  (see ref. [5]).

In establishing the last estimate we have made a repeat use of the lemma. Using Holder's inequality together with the known estimates for  $M$ , we get:  $II \leq C[\log N] \|f\|_4^4$ .

We estimate  $I$  in the following manner:

$$I = \sum_{\nu=0}^{\frac{1}{2} \log N} \sum_{2^{-\nu}N^{1/2} \leq |j-k| < 2^{-\nu+1}N^{1/2}} \int_{\mathbb{R}^2} |P_j f(x) P_k f(x)|^2 dx + \sum_j \|P_j f\|_4^4.$$

Since we always have  $\sum_{j=1}^N \|P_j f\|_4^4 \leq C \|f\|_4^4$  and we want an estimate with a factor of  $(\log N)^a$ , we may estimate each block of the preceding sum independently:

For each  $\nu$  we decompose the secteur  $\Delta_j$  into subsectors

$$\Delta_j^\alpha = \{\xi = \xi_1 + i\xi_2 \in \Delta_j \mid \alpha 2^\nu N^{-1/2} \leq \xi_1 - 1 \leq (\alpha + 1) 2^\nu N^{-1/2}\}$$

and we repeat the same arguments used in the estimation of  $II$ .

To finish we observe that, by homogeneity, we have proved the following:  $\left\| \left( \sum_j |P_{j,n} f|^2 \right)^{1/2} \right\|_4 \leq C(\log N)^{1/2} \|f\|_4$ , uniformly on  $n$ , where, for each  $n \in \mathbb{Z}$

$$\Delta_{j,n} = \{\xi = \xi_1 + i\xi_2 \in \Delta_j \mid 2^n \leq \xi_1 \leq 2^{n+1}\}$$

$$\widehat{P_{j,n} f} = \chi_{\Delta_{j,n}} \cdot \hat{f}.$$

We decompose  $\Delta_j = \bigcup_{l=1}^{\log N} \bigcup_{n \equiv l \pmod{[\log N]}} \Delta_{j,n}$  which gives us the decomposition

$$\left( \sum_j |P_j f|^2 \right)^{1/2} \leq \sum_{l=1}^{\log N} \left( \sum_j |P_j^l f(x)|^2 \right)^{1/2};$$

here  $P_j^l$  is given by the multiplier  $\bigcup_{n \equiv l \pmod{[\log N]}} \Delta_{j,n}$ .

The point is that if  $n_1 \equiv n_2 \pmod{[\log N]}$  and, says,  $n_1 > n_2$ , then  $2^{n_1} \geq N 2^{n_2}$ . That is: the smaller side  $2^{n_1}/N$  of the rectangles corresponding to  $\Delta_{j,n_1}$ ,  $j = 1, 2, \dots, N$  is bigger than the diameter of the set  $\bigcup_{\substack{n \equiv n_1 \pmod{[\log N]} \\ n < n_1}} \Delta_{j,n}$ .

Furthermore, we decompose each  $\Delta_{j,n}$  into  $N$  "squares"  $\{\Delta_{j,n}^\alpha\}$  of side  $\approx 2^n N^{-1}$  and following our convention we shall define the corresponding multiplier operators  $P_{j,n}^\alpha$ .

To simplify notation we shall keep  $l$  fixed in the following and we shall assume that the index  $n$  ranges in the set of integers congruent with  $l \pmod{([\log N])}$ . We have:

$$\begin{aligned} & \left\| \left( \sum_j |P_j^l f|^2 \right)^{1/2} \right\|_4^4 \sim \left\| \left( \sum_{j,n} |P_{j,n} f|^2 \right)^{1/2} \right\|_4^4 \\ &= \sum_n \left\| \left( \sum_j |P_{j,n} f|^2 \right)^{1/2} \right\|_4^4 + 2 \sum_{\substack{j,k \\ n_1 > n_2}} \int_{\mathbb{R}^2} |P_{j,n_1} f(x) P_{k,n_2} f(x)|^2 dx \\ &\leq C(\log N)^2 \|f\|_4^4 + 2 \sum_{\substack{j,k \\ n_1 > n_2}} \int_{\mathbb{R}^2} \left| \sum_\alpha P_{j,n_1}^\alpha f P_{k,n_2} f \right|^2 dx. \end{aligned}$$

we have,

$$\begin{aligned} \sum_{\substack{j,k \\ n_1 > n_2}} \int \left| \sum_\alpha P_{j,n_1}^\alpha f P_{k,n_2} f \right|^2 dx &= \sum_{\substack{j,k \\ n_1 > n_2}} \int \left| \sum_\alpha \widehat{P_{j,n_1}^\alpha f} * \widehat{P_{k,n_2} f} \right|^2 d\xi \\ &\leq C \sum_{\substack{j,k \\ n_1 > n_2}} \sum_\alpha \int |\widehat{P_{j,n_1}^\alpha f} * \widehat{P_{k,n_2} f}|^2 d\xi \\ &= C \sum_{\substack{j,k \\ n_1 > n_2}} \sum_\alpha \int |P_{j,n_1}^\alpha f(x)|^2 |P_{k,n_2} f(x)|^2 dx \end{aligned}$$



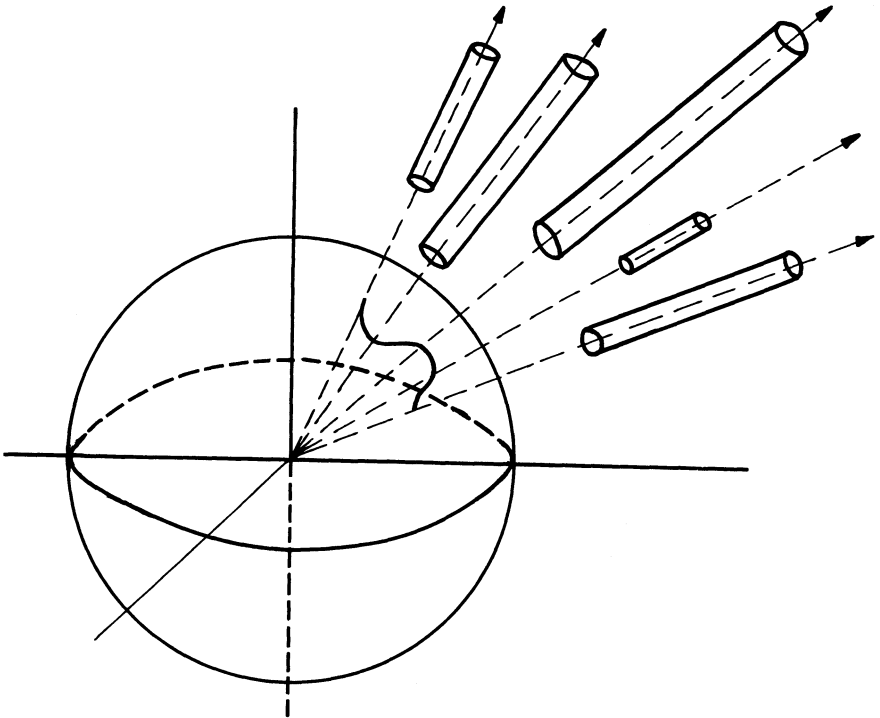
$$\begin{aligned} &\leq C \left\| \left( \sum_{j,k,\alpha} |P_{j,n}^\alpha f|^2 \right)^{1/2} \right\|_4^2 \left\| \left( \sum_{k,n} |P_{k,n} f|^2 \right)^{1/2} \right\|_4^2 \\ &\leq C \|f\|_4^2 \left\| \left( \sum_j |P_j^l f|^2 \right)^{1/2} \right\|_4^2. \end{aligned}$$

That is, we have obtained the inequality:

$$\begin{aligned} \left\| \left( \sum_j |P_j^l f|^2 \right)^{1/2} \right\|_4^2 &\leq C(\log N)^2 \|f\|_4^4 \\ &\quad + C \|f\|_4^2 \left\| \left( \sum_j |P_j^l f|^2 \right)^{1/2} \right\|_4^2. \end{aligned}$$

From which the desired result follows very easily.

### B. The maximal function.



Our hypothesis over  $\gamma$  means that for each  $\omega \in S^{n-1}$  and  $b \in \mathbf{R}$  the function:  $t \rightarrow \gamma(t) \cdot \omega - b$  has a finite number of changes of sign, uniformly in  $\omega$  and  $b$ . It should be noted that,

in general,  $C_\gamma$  grows to infinity with this number. However, an estimate of the form  $\|Mf\|_n \leq C(\log N)^a \|f\|_n$ , should be true with  $C$  independent of  $\gamma$ . This is an interesting open problem.

For every positive integer  $m$  let us consider the points of  $\gamma$  given by  $\omega_m^j = \gamma(j/2^m)$ ,  $j = 1, 2, \dots, 2^m$ . Let  $\Psi \geq 0$  be a smooth function on the real line, supported on  $|t| \leq 2$  and equal to 1 on  $|t| \leq 1$ .

$$\text{We define } A_m^j f(x) = \int_{-\infty}^{+\infty} f(x - t\omega_m^j) \Psi(t) dt$$

and 
$$A_m f(x) = \sup_{j=1,2,\dots,2^m} |A_m^j f(x)|.$$

*Claim.* —  $\|A_m f\|_2 \leq C m \|f\|_2$ , for every  $f \in L^2(\mathbb{R}^n)$ , where  $C$  is independent of  $m$ .

We shall prove the claim by induction. The case  $m = 1$  is a consequence of the Hardy-Littlewood maximal theorem. Let us assume that the result is true for  $k \leq m - 1$ . It is very easy to check that  $A_m f(x) \leq A_{m-1} f(x) + B_m f(x)$  where

$$B_m f(x) = \left( \sum_{j=1}^{2^m} |A_m^j f(x) - A_m^{j-1} f(x)|^2 \right)^{1/2}.$$

Therefore our claim is a consequence of the estimate:  $\|B_m f\|_2 \leq C \|f\|_2$ , uniformly on  $m$ . To see this we use Plancherel's theorem:

$$\begin{aligned} \int_{\mathbb{R}^n} |B_m f(x)|^2 dx &= \sum_{j=1}^{2^m} \int_{\mathbb{R}^n} |A_m^j f(x) - A_m^{j-1} f(x)|^2 dx \\ &= \int_{\mathbb{R}^n} |\hat{f}(\xi)|^2 \sum_{j=1}^{2^m} |\hat{\Psi}(\xi \cdot \omega_m^j) - \hat{\Psi}(\xi \cdot \omega_m^{j-1})|^2 d\xi; \end{aligned}$$

and we observe that, because of our hypotheses on  $\gamma$ , we have:  $\sum_{j=1}^{2^m} |\hat{\Psi}(\xi \cdot \omega_m^j) - \hat{\Psi}(\xi \cdot \omega_m^{j-1})|^2 \leq C_\gamma < \infty$  uniformly on  $m$ .

To continue let us observe that, in order to prove theorem 2, we can, without lack of generality, restrict to the case  $r = 2^n$ ,  $n \in \mathbb{Z}$  and, because of the fixed eccentricity, we may also consider cylinders with direction in the set  $\gamma\left(\frac{j}{N}\right)$ ,  $j = 1, \dots, N$ . Finally we may take  $N$  of the form  $N = 2^m$ ,  $m \in \mathbb{Z}^+$ .

Let us define:

i)  $T_{2^\nu}^j f(x) = \sup_{x \in R} \frac{1}{\mu\{R\}} \int_R |f(y)| d\mu(y)$ , where the supremum is taken over all cylinders with dimensions  $(2^\nu)^{n-1} \times N \cdot 2^\nu$  and direction  $\gamma\left(\frac{j}{N}\right)$ .

ii)  $T_{2^\nu} f(x) = \sup_j T_{2^\nu}^j f(x)$

$T^j f(x) = \sup_\nu T_{2^\nu}^j f(x)$

$Mf(x) = \sup_j T^j f(x) = \sup_\nu T_{2^\nu} f(x)$ .

Given  $\alpha > 0$  we obtain, for each  $j$ , a sequence of disjoint cylinders  $\{R_\lambda^j\}_{\lambda=1,2,\dots}$  with direction  $\gamma(j/N)$  and such that:

$E_\alpha^j = \{x : T^j f(x) > \alpha\} \subset \bigcup_\lambda \tilde{R}_\lambda^j$  where  $\tilde{R}$  denotes the result of expanding  $R$  by the factor two. We have,

$$E_\alpha = \{x : Mf(x) > \alpha\} = \bigcup_{j=1}^N E_\alpha^j.$$

The heights of the  $N$  collections of cylinders,  $\{R_\lambda^j\}$ ,  $j = 1, \dots, N$ , are bounded from above. By induction we may obtain, for each  $k$ , a family of cylinders  $B_k$  with dimensions  $(2^{\nu_k})^{n-1} \times 2^{\nu_k} N$ ,  $\nu_0 > \nu_1 > \dots$  in such a way that:

1) No cylinder of  $B_k$  is contained in the double of another cylinder of  $B_j$ ,  $j \leq k$ .

2) If  $R \in \bigcup_{j=1}^N \{R_\lambda^j\}$  and if

$$\dim(R) = (2^\nu)^{n-1} \times 2^\nu \cdot N, \nu_{k-1} > \nu \geq \nu_k,$$

then either  $R \in B_k$  or  $R$  is contained in the double of a cylinder in  $\bigcup_{j \leq k} B_j$ . Obviously:  $E_\alpha \subset \bigcup_{R \in \bigcup B_k} \tilde{R}$ .

Let us denote by  $\Delta_k$  the union of the families  $B_{j^s}$ , where  $\nu_0 - k \log N \geq \nu_j \geq \nu_0 - (k+1) \log N$  and let  $E_i = \bigcup_{R \in \Delta_i} R$ ,  $\tilde{E}_i = \bigcup_{R \in \Delta_i} \tilde{R}$ . We know that  $E_\alpha \subset \bigcup \tilde{E}_i$

We can now observe that the family  $\{E_i\}$  is almost disjoint; more concretely, if  $|i - j| \geq 2$  then  $E_i \cap E_j = \emptyset$ . This is true

because if  $R_i \in \Delta_i, R_j \in \Delta_j, i - j \geq 2$ , then the radius of  $R_i$  is greater than the height of  $R_j$  ans, therefore, if  $R_i \cap R_j \neq \emptyset$  then  $R_j \subset \tilde{R}_i$  which it is impossible.

Let  $f_i = f/E_i, i = 0, 1, \dots$  and let  $S_i$  be the maximal function given in the following way:  $S_i g(x) = \sup_{x \in R} \frac{1}{\mu\{R\}} \int_R |g(y)| d\mu(y)$ , where the sup is taken over the set of cylinders of dimensions  $(2^\nu)^{n-1} \times 2^\nu N$ , where  $\nu_0 + 2 - i \log N \geq \nu \geq \nu_0 + 2 - (i + 1) \log N$ .

The previously obtained estimate  $\|A_m f\|_2 \leq C m \|f\|_2$  implies that  $S_i$  is bounded on  $L^2(\mathbb{R})$  with bound less than  $C_\gamma (\log N)^{3/2}$ .

If  $x \in \tilde{E}_i$  there exists a cylinder  $R \in \Delta_i$  so that  $x \in \tilde{R}$  and, therefore:

$$\begin{aligned} S_i f_i(x) &\geq \frac{1}{\mu\{\tilde{R}\}} \int_R |f_i(y)| d\mu(y) \\ &\geq \left(\frac{1}{4}\right)^n \frac{1}{\mu\{R\}} \int_R |f_i(y)| d\mu(y) \geq \left(\frac{1}{4}\right)^n \alpha. \end{aligned}$$

That is,  $\tilde{E}_i \subset \{x : S_i f_i(x) \geq 4^{-n} \alpha\}$ , which implies

$$\begin{aligned} \mu\{E_\alpha\} &\leq \sum_i \mu\{\tilde{E}_i\} \leq C_\gamma (\log N)^3 \alpha^{-2} \sum_j \|f_j\|_2^2 \\ &\leq C_\gamma (\log N)^3 \alpha^{-2} \|f\|_2^2. \end{aligned}$$

A standard use of the Marcinkiewicz interpolation theorem would yield the strong type inequality of Theorem 1. q.e.d.

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